London Deanery Dental Nurse Training

Topical fluoride varnish application as an additional skill for Dental Nurses

Croydon University Hospital

Course outline
This course is run with the support of NHS SW London. The 4 day training will be run for 2 groups of 12 Dental Nurses and will prepare and support participants in developing skills to apply topical fluoride varnish on patients. There will be 2 theory days and 2 practical days. Following the first practical day participants will be required to carry out 10 topical fluoride varnish applications in the workplace under the supervision of a Dentist. They will complete a written log for each and submit these at the end of the course with other coursework. Some reading and research will be required.

For further information relating to the training content please email Corinne Tapsell DCP Tutor corinne.tapsell@londondeanery.ac.uk or call 0780 828 8117

Requirements for application
- The Dental Nurse must be GDC registered with a qualification and be free to attend all 4 dates
- A workplace Mentor should be appointed
- Employers should have an intention to implement the skill in the practice
- Participants will be asked to sign a disclaimer as they will practice an application on each other during the practical sessions.

To apply: Discuss the course details provided with your staff member then select the most suitable dates (group 1 or 2). Complete and return the attached application form via email to the course organiser, Corinne Tapsell DCP Tutor Corinne.tapsell@londondeanery.ac.uk

Successful applicants will then receive acknowledgement and further details.

Fees: £50 payable on acceptance  Further costs: Course materials/postage of folders: £25 approx

Coursework commitment: 15 hours approx

Verifiable CPD hours: 24

Venues:
Theory days: Postgraduate Medical and Dental Education Centre, Croydon University Hospital, 530 London Rd, Croydon, CR7 7YE

Practical days: MK Vasant and Associates. 1210 London Road, Norbury, London, SW16 4DN

Dates Group 1:

<table>
<thead>
<tr>
<th>Date</th>
<th>Theory day 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 13th April 2012</td>
<td>Theory day 1</td>
</tr>
<tr>
<td>Friday 27th April 2012</td>
<td>Practical day 1</td>
</tr>
<tr>
<td>Friday 11th May 2012</td>
<td>Practical day 2</td>
</tr>
<tr>
<td>Friday 15th June 2012</td>
<td>Theory day 2</td>
</tr>
</tbody>
</table>

Dates Group 2:

<table>
<thead>
<tr>
<th>Date</th>
<th>Theory day 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 13th April 2012</td>
<td>Theory day 1</td>
</tr>
</tbody>
</table>
Course information

Trainer: Christine McCleavy qualified as a Dental Therapist in 1979. She currently works as a Therapist at the Eastman Hospital and in dental practice. She holds a teaching qualification and has been involved in several projects involving training Dental Nurses to apply fluoride varnish in general practice.

Mentor support will be provided during and following the training by the London Deanery DCP Tutor Corinne Tapsell

Training Aims
To provide the theoretical and practical training related to application of topical fluoride varnish as an additional skill for Dental Nurses.

Learning Outcomes
By the end of the 4 day training period participants will have:

1. Demonstrated an understanding of the caries process and the role of fluoride in its control
2. Identified how the GDC ‘Standards for Dental Professionals’ relate to their role in patient care
3. Undertaken practical skills training in the application of fluoride varnish including pre-application assessment
4. Completed a log of experience of observe red applications in their workplace
5. Demonstrated reflective practice skills

Theory day topics
Guidance on completing the coursework and workplace logs
Role of GDC, Professionalism and Ethics, Fitness to Practice and Legal Issues
Duty of Care
Consent, Confidentiality, Data Protection
Child Protection issues
Medical Indemnity
Record Keeping – including medical history taking
Definitions of health, disease and illness
Dental Caries - aetiology and pathogenesis, clinical presentation
Principles of oral health promotion and methods of preventing oral diseases
Recognising erosion, attrition, abrasion, recession, soft tissue lesions and gingival conditions
Fluoride - theories relating to the action of fluoride, constituents of fluoride varnish, indications, contra indications and maximum safe doses
Tooth morphology and suitable sites for application of varnish
Treating children – behavioural, emotional issues and dealing with parents and carers
Differences in treating patients in clinical settings versus community settings
Understanding anxiety, fear and phobia
Communication skills

Practical day activities
Positioning the patient
Positioning the light
Identification of teeth and sites
Isolation
Application of fluoride
Assessment of clinical competence

Note: it is recommended that CRB checks and training in Level 2 Child Protection have been carried out before any unsupervised applications are carried out.
London Deanery Dental Nurse Training

Application form

Topical fluoride varnish application as an additional skill for Dental Nurses

I would like to request a place on the above course for the Dental Nurse named below. I confirm they are able to attend all dates.

I agree to be, or provide, a Mentor to supervise the applications of topical fluoride varnish carried out in the workplace during the training period and to sign off the workplace logs.

Employer name ……………………………………………..................  GDC no………………………………

Practice name and address ……………………………………………………………………………………………
……………………………………………………………………………………………………………………..
……………………………………………………………………………………………………………………..
Tel no………………………………………………………………………………………………………………..
Email ………………………………………………………………………………………………………………….

Dental Nurse name …………………………………………………………….GDC no……………….…….
Tel no………………………………………………………………………………………………………………..
Email ………………………………………………………………………………………………………………….

Please state the group preferred: ............................................................ (1 or 2)